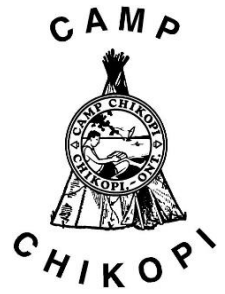


CAMP CHIKOPI

Founded 1920

TRADITIONAL SPORTS & WILDERNESS CAMP



Quick Facts:

Who – Boys aged 7-17

What - Sports, Wilderness, Camping and Canoe Tripping.

Where - Magnetawan, Ontario, Canada.

When - See Registration form for session dates and fees.

Why – Adventure, Fitness, confidence, independence.

How – Complete and return the Registration Form.

Head of Program: Bob Duenkel, Since 1976.

Location

Situated on beautiful Ahmic Lake and surrounded by deep green forests, Camp Chikopi is located on 400 acres in the Almaguin Highlands of Ontario, 185 miles north of Toronto and 30 miles east of Parry Sound.

Background and Philosophy

Chikopi is a small camp, owned and operated by husband and wife team, Bob and Colette Duenkel. Camp Chikopi was founded in 1920, by U.S. Olympic Coach, Matt Mann II. We were the first "Sports Camp" in the world, with the prestigious honor of also being the First Swim Camp. For over 95 years, Chikopi has maintained the traditional values established by Matt and Lea Mann. Through sports the boys develop personal growth and strong team building skills. Some of the most important rewards of the Camp Chikopi experience are independence, self-confidence, strength, (safe) risk taking, and diversity.

Technology is not a part of the Chikopi experience, our focus is on giving each camper an exceptional experience in a variety of sports in a wilderness, traditional camp setting. Chikopi is where your son will improve his fitness, his self-confidence and his communication skills. Campers enroll from the four corners of the globe. With this variety of boys there is never a dull moment, spirits run high, and friendships last forever. We provide the experience every boy should have at least once in his lifetime, in a fun, safe environment.

Daily Schedule

Days typically run as follows: early-bird fitness activity, breakfast, cabin cleanup, three classes of sports instruction, lunch, mail call, camp tuck shop/rest period, team practices: (sailing, soccer, softball, swimming, tennis), team competition, elective activity, dinner, organized evening activity, camp fire/special event, snack and bedtime.

Program Offerings

Chikopi is a life experience, a camp where boys learn more than just sports. They build character, loyalty, leadership skills, friendships and a sense of brotherhood. Chikopi is where your son will achieve way more than he thinks he can. Established in 1920 our camper to staff ratio remains at 3:1. By maintaining a small enrollment our staff and campers know everyone at camp in just a few days, not just the members of their cabin. Small classes ensure personal instruction in our 25 land and water sports, with optional free specialization in soccer, swimming, triathlon and canoe tripping.

Sports

Camp Chikopi offers high quality, well trained staff that provide daily sports instruction. We often have visiting Olympic and National coaches'. Chikopi has retained a small enrollment to enable us to continue with small classes that emphasize individual attention. Optional, free specialized programs are offered in swimming, soccer, tennis, softball and sailing. Some of our land sports include lacrosse, soccer, archery, field hockey, tennis, triathlon, softball, golf, mountain biking, cricket, ultimate Frisbee, football, basketball, volleyball, wrestling. Water sports range from swimming and water-polo to kayaking, sailing and both recreational and competitive canoeing. These sports help build fitness, stamina, and flexibility in each camper. More importantly, participation helps build self-confidence.

Swimming

Chikopi is internationally known for teaching the fundamentals of swimming to all levels and abilities, from those learning to swim to those with an enthusiastic competitive swimming background. Our most recent Olympic achievement is Nick Thoman, Gold and Silver medalist at the 2012, London, Olympics. Every camper is evaluated according to Life Saving Society and Red Cross standards. Recreational swimmers who are not in the competitive swimming program receive daily instruction to improve their swimming skills and develop better water confidence.

Triathlon

Chikopi is ideal for those experienced in, or beginning to learn about the advantages of triathlon training. There are daily opportunities to swim, bike and run and we enter a minimum of one registered Ontario Triathlon each summer.

Canoe Tripping

Chikopi is located in a region of Ontario popular with canoeists, the scenery is spectacular. We go on excellent canoe trips in nearby Algonquin Provincial Park as well as in Ontario's extensive rivers and lakes. The canoe trips, scheduled for 6-9 July, are a challenging and rewarding adventure. Our environmentally friendly, low-impact tripping programs make the trips a resourceful experience. There are hiking trips, great fishing, and time to appreciate nature.

Extra Opportunities and Activities

Camp Chikopi and sister camp, Ak-o-Mak, get together about once a week. Inter Camp Competitions include; sailing regatta, triathlon, 10-kilometer run, 4 open water swims, soccer, and softball games. Off camp competitions include an open water swim race and Triathlon in Barrie, Ontario.

Facilities

Campers live in 12-14 man cabins, assigned by age, with 2 or 3 counselors. Washrooms have flushing toilets and fresh running water. Nutritious, home-cooked meals are hand prepared in our modern kitchen and enjoyed family style in the MainHouse. We are a nut free facility and can accommodate almost any food issue or allergy. The Camp Chikopi campus is located on the banks of Ahmic Lake and is characterized by its surroundings of rich forests on a quiet lake. Camp Chikopi has 2 large grass playing fields, 3 beaches, soccer field, 3 tennis courts, basketball courts, beach volleyball, and golf driving range, biking and hiking trails, softball diamond, indoor weight-room, indoor badminton and volleyball, wrestling, 50 meter bulkhead in-lake swimming pool. We have a huge collection of boats from which to choose, including a fleet of cedar strip canoes, sunfish sailboats, and flatwater kayaks. The sauna, archery range, bocce ball courts, tether ball poles and horse shoe pits are a huge hit on the campus. Our Library and Game Room comprises an extensive collection of books, board and table games. Laundry is done on the premises. Facilities, water and services are inspected by government health officials each summer and meet all standards.

Staff

Chikopi is one of the few remaining camps who maintains a 3:1 camper-staff ratio, that ratio means continual assistance and immediate guidance. The majority of staff members attended Camp Chikopi as a camper. They are part of a tradition that molded and continues to mold the thousands of boys who treasure their Camp Chikopi experiences. Campers and counselors attend from all over the World. Counselors and staff have undergone a thorough safety background check; have current First Aid, CPR and Life Guarding certifications. Each one has a diversity of talents and he is handpicked from qualified university students from all over the world.

Medical Care

Each camper's health and safety is a priority to the staff. Personal health and safety are carefully and continuously monitored on a daily basis. Health files are kept on each camper. Campers have 24/7 access to a medical Doctor, and Hospital facilities are a short drive from camp.

Religious Life

Chikopi is non-denominational; Sunday is usually marked by morning vesper where we stress the importance of good citizenship, morality, honesty, character, loyalty and friendship. Followed by an afternoon canoe trip off camp.

Enrollment

Chikopi is a small family run camp; we are limited to 70 campers. Over one dozen countries are represented each summer with a 69-75% return rate. Applications are accepted on a first-come, first-served basis.

Costs

Cost for Camp Chikopi sessions are shown on the Registration form. A full, itemized account of the Tuck Shop with any refund/balance due is issued mid September. Various payment plans are available.

Optional extras

Transport to or from Camp Chikopi. Rental of bedding, life jacket or storage trunk. Day trip to Niagara Falls.

How to get to Camp Chikopi

Pick-up and delivery to Chikopi is offered from Toronto Pearson International Airport or The Four Points by Sheraton Hotel Lobby. Parents may also drive directly to Camp Chikopi; we are approximately a 3½ hour drive north from Toronto.

Questions or More Information, Contact Bob or Colette Duenkel:

Off Season:	Season: (June, July, Aug)
Camp Chikopi	Camp Chikopi
2132 NE 17 Terrace	373 Chikopi Road
Fort Lauderdale, FL 33305	Magnetawan, Ont. P0A 1P0
USA	Canada
Phone: 954 566 8235	Phone: 705 387 3811
Fax: 954 566 3951	Fax: 705 387 4747



Email: campchikopi@aol.com
Web: www.campchikopi.com



Ontario Camping Association Standards

The **Ontario Camping Association** was founded in 1962 and Camp Chikopi has been a proud accredited member since the OCA's beginning.

The OCA "Standards" have offered Chikopi a benchmark for sound operation and administration. Today, these standards cover every aspect of Camp Chikopi's operation.

To maintain Accreditation and membership in the Ontario Camping Association, Chikopi has to meet an exacting number of Standards.

The standards listed in the OCA Guidelines for Accreditation manuals fall into the following categories:

- Health
- Campsite, Facilities and Equipment
- Leadership
- Programs
- Day Trips, Overnights, Canoe Trips
- Wilderness Travel
- Administration
- Transportation
- Background Safety checks on all staff.

Subsections within each of these categories cover specific topics. In Health, for instance, there are sections on Water Supply, Sanitary Facilities, and Food Service. The Programs section covers such activities as swimming, sailing, canoe tripping and archery. In all, there are over 400 separate standards, although the exact number that Chikopi must follow depends on whether or not the standard applies to Chikopi.

Each standard takes the form of a question which an OCA Standards Visitor asks the Chikopi director during an OCA Standards Visit. Examples of these standards include:

- Does the camp have at least one of the following on-site full time: a licensed physician; a currently registered nurse; a certified first aider?
- Does the camp menu follow Canada's Food Guide?
- Does sleeping quarters have a minimum of 3.72 square metres (40 square feet) for each occupant?
- Does the camp's waterfront director have four years of experience?
- Does the camp have comprehensive liability insurance?

As you can see, the standards questions are very specific. Each of the standards listed above is a major standard - these are considered to be the most important for the camp's safe and efficient operation. To receive or maintain its OCA accreditation, Chikopi must meet **all** of the major applicable standards, and 90% of all applicable standards. Chikopi continues to meet all OCA Standards. Chikopi has been accredited with the Ontario Camping Association since 1962.

Rates, Dates and Further Information

- Session dates are listed on the registration form.
- Returning campers have the option of flexible dates, please call or email the office for further information.
- A Non-Refundable Deposit Fee of \$500.00 must accompany each application. (Deposit is applied to invoice).
- Sessions may be extended by the day or week, please contact the office for further details.
- Optional expense will be added for pick-up and delivery to or from Chikopi and or rental.
- Camp Chikopi accepts Canadian and US personal cheques, traveler's cheques, VISA and MasterCard.
- No Personal cheques accepted in the two weeks prior to a camper's arrival.
- All camper applications will be considered on a first come, first serve basis, depending on the availability of space.
- Some sessions include an overnight canoe trip.
- The camp fee includes laundry, photo, and all sporting equipment.
- An accumulated list is kept of the camp store/tuck shop expenses, this account includes: candy, postage stamps, camp memorabilia, camp clothing, off camp activities, race fees, etc. You are welcome to deposit more than recommended.
- An account of these expenses will be emailed in September along with any refund due. Any balance owing will be billed and charged to your credit card.
- Staff will be available to welcome campers and families **AFTER 2pm** on the first day of each session. Magnetawan is a beautiful town to take a walk through, or there are several café's in the area if you find you have arrived early. Pick up is before 12 noon on the day of departure.
- Chikopi is situated on farm land, there are no paved roads. We do have ramps available for wheelchair access, just ask and we will be happy to situate them for your needs. Service animals are welcome on the property.

Daily Schedule

Following is a typical day at Camp Chikopi.
Schedule may change due to special events or weather conditions.

- 7.15am Earlybird Exercise (swim or run)
- 8.30am Breakfast & Announcements
- 9.30am Cabin Clean-up and Health Inspection
- 9.50am First Sport Activity Session
- 10.40am Second Sport Activity Session
- 11.30am Third Sport Activity Session
- 12.40pm Lunch (Mail Call)
- 1.30pm Camp Tuck Shop ("Five & Dime")
- 1.30pm Rest Hour
- 2.30pm Competitive Team Practice Sports:
 - Sailing
 - Soccer
 - Softball
 - Swimming
 - Tennis
- 3.40pm Chikopi Team Competition
- 4.40pm Beach and Elective Activity (Option of 6)
- 6.00pm Dinner
- 7.00pm Organized Evening Activity
- 8.30pm Camp Fire/Library/MainHouse Activity
- 9.30pm Snack & Bed (Younger Cabins Go Earlier)

Camp Chikopi – A Tradition that's yours to discover.

Choosing the right summer camp for your son is a careful and planned decision. In addition to the printed information we have provided, we are easily accessible for questions or concerns. Just give us a call or email us. We also have numerous current and past campers/parents with whom we can put you in touch with to discuss camp. We look forward to hearing from you soon, and having your son join us in the exciting Camp Chikopi adventure this summer.

Camp Chikopi Optional Competitive Swim Team Program

Camp Chikopi was established in 1920, by US Olympic Swim Coach, Matt Mann II. Camp Chikopi is famous for being the world's first competitive swimming camp; our program's emphasis is on individualized instruction in stroke mechanics, improving speed, and building self-confidence. We do this with a staff of experienced coaches and a group of visiting coaches from Olympic, national, university and high school levels. Back in 1920 we were primarily a swim camp, today; we have incorporated many other land and water sports into our daily program.

Our competitive swim program is optional and open to all campers, those who are just learning to swim are given the instruction they need to become competent, confident swimmers. Our 50m in-the-lake pool offers swimmers a refreshing change; it takes the boys out of the chlorinated pool and into a clean fresh-water lake. Additionally open-water training smoothes out strokes and provides great endurance training. When not in the water, swimmers participate fully in the daily program, improving overall fitness and building self-confidence. Paddling muscles and swimming muscles are one in the same, a good strength builder. Swimmers get stronger, faster.

Early Bird - 50 minutes -choice of run or open water swim

Morning Class - 45 minutes - in the pool, strokes, drills, turns etc.

Afternoon practice - 70-80 minutes in the pool against the clock.

Classes are small and individual attention is guaranteed.

On arrival all campers receive a water test and are assessed on their swimming skills.

Competitive swimmers are put in a lane according to level.

Every session includes all the other sports and activities, many of which supplement swimming.

Attending afternoon swim team practice is optional, unless a parent notifies us that their son must attend a specified amount, as indicated on the swim questionnaire.

Every sessions will provide your son ample opportunities to work on his swimming skills and he will automatically build both his strength and endurance in and out of the water.

An option at Camp Chikopi is to register for a Two Week session and extend to 3, 4, 5, or 6 weeks, depending on availability.

We are happy to connect you with our swim coaches if you would like to discuss the swim program in more depth.